

WEIGHT LOSS ... THE WAY NATURE INTENDED.

Conventional dieting can be an extremely unpleasant and frustrating experience. Cutting out most foods, if not all of one's favourite foods, counting calories and controlling daily cravings can torment individuals and eventually limit their ability and willingness to maintain any weight loss program. The worst part is that it takes forever for individuals to start seeing results!

INTRODUCING ...

A NATURAL EFFECTIVE WEIGHT LOSS AND WEIGHT MAINTENANCE THERAPY

THAT COMBINES...

- AN ASSESSMENT OF ANY CONTRIBUTING FACTORS TO WEIGHT GAIN (MENTAL / EMOTIONAL AND / OR PHYSICAL)**

WITH...

- DIETARY, NUTRITIONAL AND LIFESTYLE COUNSELLING**

FOLLOWED THEN BY A...

- SYSTEMIC CLEANSE**

AND THE USE OF...

- AN EXTRACT FROM THE PURE GREEN COFFEE BEAN (CHLOROGENIC ACID) THAT DECREASES THE ABSORPTION OF EXCESS SUGAR IN THE BODY, REGULATES ONE'S APPETITE AND ENHANCES FAT METABOLISM**

... THAT IN COMBINATION IS 90% MORE EFFECTIVE THAN JUST EATING BETTER & EXERCISING MORE!

Initial Assessment...

Seeks to address some of the *other issues* that might hinder or impede successful weight loss if otherwise left unaddressed; either physical issues (ex. an underactive Thyroid or Hypothyroidism) or mental and/or emotional issues (ex. eating to offset symptoms associated with sadness or worry). These issues are reviewed as part of the initial assessment and a treatment plan is offered.

Dietary, Nutritional and Lifestyle Counsel...

Entails a full review of how the patient is currently eating with specific suggestions that limit carbohydrate consumption and favour the intake of lean protein, vegetables, salads; supporting both healthy eating and the tenants of proper food combining. Patients are encouraged to continue eating this way even after they have lost the weight they needed to lose, as part of a healthier lifestyle that will ensure they don't once again put the weight back on! The importance of drinking plenty of water, maintaining regular bowel movements and establishing weekly exercise routines etc. are also emphasized in the weight loss consultation.

The Systemic Cleanse...

Combines traditional cleansing herbal supplements (Chicory Root, Citrus Pulp, Nettle Root, Dandelion Root, Psyllium Seed, Artichoke, Spirulina, Celery Seed, Asparagus and Thyme) designed specifically to support the body's own natural internal processes of elimination and detoxification that will aid in the fat burning process ... with no fasting required! This cleanse primes the body to work optimally, thereby enabling the body to effectively lose weight.

Pure Green Coffee Bean Extract Formulation...

This formulation is specifically designed to accelerate natural healthy weight loss using an extract derived from Green (un-roasted) Coffee Beans called Chlorogenic Acid. Chlorogenic Acid binds to sugar, thus decreasing its intestinal absorption into the body. This curbs excess glucose (blood sugar) in the blood stream. Without excess glucose for your body to burn for energy, your body then turns to stored fat to use as fuel.

What's most amazing... this system of weight loss works whether you change your diet (or not) and this formulation has no known side-effects! A daily intake of the Pure green Coffee Bean Extract has the caffeine of less than ½ a cup of coffee, so it won't make you jittery or nervous or raise your heart beat. It can also be taken with other vitamins and minerals.

As seen on Dr. Oz... Pure Green Coffee Bean Extract is being regarded as a true break-through in natural, effective weight loss.

I have secured a distributorship through a pharmacy in Toronto for this Pure Green Coffee Bean Extract Formulation at a discounted price. In comparison to all other formulations found in both health food stores or as seen on the internet, this extract is truly unique in its composition - as follows:

Chlorogenic Acid Purity...

In a world where *generic* pharmaceuticals often don't produce the same the results as the same compound in its original form, the same holds true with formulations that don't incorporate Chlorogenic Acid in its original composition. **The Chlorogenic Acid used in this mixture is in its original composition called *Svetol*, which derives its Chlorogenic Acid from the Robusta Coffee Bean in Africa.**

Chlorogenic Acid Concentrations...

In comparison to all other Pure Green Bean Extract Formulations on the market having Chlorogenic Acid concentrations of either 45% or 50%, **the Chlorogenic Acid concentration in this mixture is 60%!**

Another unparalleled feature to this extract is in the addition of the following ingredients designed to both complement and enhance the overall weight loss process:

- Acai Berry** (Loaded with antioxidants and vitamins)
- African Mango** (A proven fat burner and appetite suppressant)
- Apple Cider Vinegar** (Known to enhance healthy digestion)
- Grapefruit Extract** (Rich in Vitamin C and fibre)
- Green Tea Extract** (Lowers blood pressure and cholesterol)
- Kelp** (Boosts your metabolism)

One of the major side-benefits to lowering excess sugar levels in the body through the use of the Pure Green Coffee Bean Extract is in lowered insulin levels.

Lowered Insulin levels result in:

- less water retention
- less thickening of arterial walls
- a direct reduction in the production of a hormone called **Prostaglandin**; a hormone that causes one's stomach to swell. The result of lowered Prostaglandin is seen in a reduction of the size of one's stomach, hence one is more easily full with only small amounts of food and
- a direct increase in the production of a hormone called **Glucagon**; a hormone which induces fat metabolism in the body.

Glucagon also increases lean muscle mass production in the body. This has two further benefits in that:

- lean muscle mass helps provides an attractive shape to your body as you lose weight and
- lean muscle mass takes more energy to maintain, hence aiding in weight loss maintenance.

A Sustainable Weight Loss Program...

As each individual begin to approach their ideal weight, they slowly and incrementally start reducing their intake of the Pure Green Coffee Bean Extract and start adding back into their diet sensible carbohydrates. This will slow down the fat burning process and allow them to determine what their new tolerance is for carbohydrates, ideally then being able to strike a new *healthy* balance in their diet between carbohydrates, fats and proteins. **No weight loss program is truly effective unless it's also sustainable!**

BE A PART OF WHAT IS PERHAPS BECOMING... THE MOST NATURAL, MOST EFFECTIVE, MOST AFFORDABLE AND ULTIMATELY THE MOST SUSTAINABLE WEIGHT LOSS PROGRAM TO DATE!

BE A PART OF THE PURE GREEN COFFEE BEAN REVOLUTION!